

IC300 PRO RESISTANCE INSTRUCTIONS

TOOLS



1 X MULTI TOOL



5MM ALLEN KEY

INSTRUCTIONS



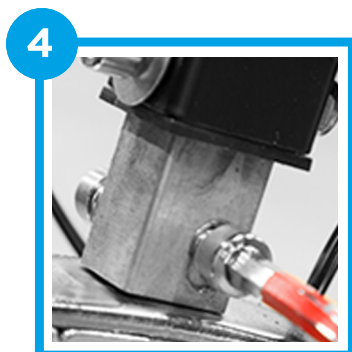
Start by removing the
screws in the casing



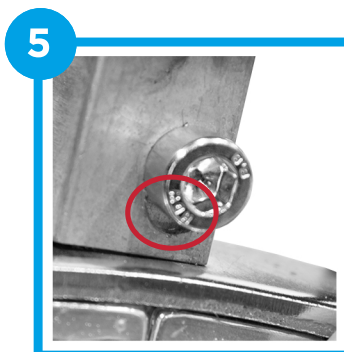
Underneath should look
like this



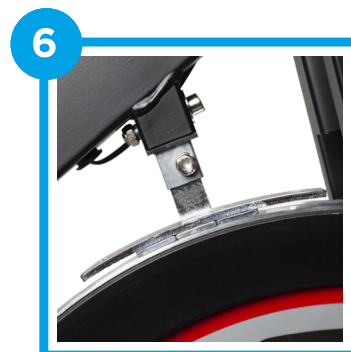
Turn the resistance all
way up



Loosen both bolts
either side of the
magnets



There will be room to
move the magnets up
and down



DO NOT let the magnets
rest on the flywheel!

7



Tighten the bolts back up on either side and replace the casing

ADVICE

Make sure there is no movement once the bolts have been tightened back up.

If the magnets touch the flywheel this can cause damage and will create a scraping sound.

Make sure the sensor cable does not get caught under the magnets.

The 5mm allen key does not come with the assembly kit however, pliers can be used instead or a 5mm allen key can be purchased at most tool retailers.